

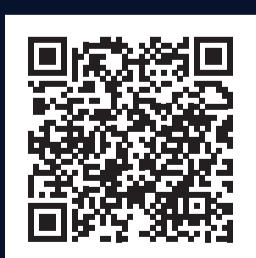
STRIDE OUTSIDE

TAKE 30 FOR BETTER MENTAL HEALTH



Support our Team in the Stride Outside Take 30 Challenge

This September we're spending 30 minutes outside every day to raise funds for Stride's mental health programs and services.



Donate and support
Stride Mental Health

**All donations over \$2 are fully tax deductible.*

strideoutside.com.au

Thanks for your donation and for supporting the cause.
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